



FULL SCHEDULE FOR IOANNA & ORIENTAL INVASION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Stretch All Levels 16:30 - 17:30	Junior Belly Dancing Under 12's 16:30 - 17:30		Sassy Hip-Hop Fusion Contact Hloni 062 695 9531 16:30 - 18:30
*Heated Yoga Ashtanga-Inspired Vinyasa 17:30 - 18:30	Intermediate Apprentice 17:30 - 18:30	Beginner Level 2 Experienced Beginner 17:30 - 18:30	Yin/Restorative Yoga All Levels 17:30 - 18:30	
Tribal Fusion 18:30 - 19:30	Advanced Amateur Professional 18:30 - 19:30	Technically Fit All Levels 18:30 - 19:30		
	Beginner Level 1 Novice 19:30 - 20:30	Beginner Level 3 Proficient Beginner 19:30 - 20:30		